

FIVE STAR PERFORMANCE & FITNESS LLC.

Personal Training Pricing

Five Star Performance & Fitness offers elite performance training that enhances natural body movements to boost on-field performance. We focus on movement efficiency as it pertains to speed, agility, power development, and strength.

As of now, training is provided at Veterans Park in College Station, or Central Park in College Station. Training can be provided at an alternate location at [1] client request and [2] trainer approval.

1 session(s): \$40

5 session(s): \$175

10 sessions(s): \$350

15 session(s): \$425

Payment options: Web Invoice, Check, Cash

*sessions are non-refundable and cannot be transferred to another athlete. They do not expire and may be used until the amount of sessions purchased are completed. Athlete may bring [1] guest to any training session for an additional [\$20] per session attended.

Additional questions, please contact Kyle Castilleja at

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